



Gratitude Calendar



Write 3 sentences
Describing What You
Appreciate Today
Feel it in your Body
LOCK IT IN!

~ November 2014 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		After You Do it, Make put an "X" after the Date.				1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	Notes:					